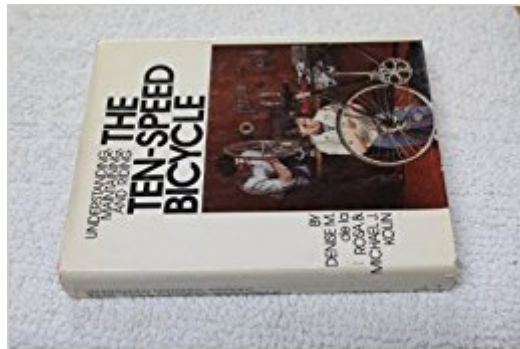




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# Understanding, Maintaining, And Riding The Ten-Speed Bicycle



## Synopsis

Paperback: 312 pages Publisher: Rodale Pr; illustrated edition edition (December 1979) Language: English ISBN-10: 0878572813 ISBN-13: 978-0878572816 Product Dimensions: 9 x 7.5 x 1 inches Shipping Weight: 1.4 pounds

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Average Customer Review: 5.0 out of 5 stars 6 customer reviews

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I like fixing bikes almost as much as I like riding them, but to those who also enjoy maintaining their own bike, we know this is all connected. The constant droning pressure from the bike industry to upgrade, Upgrade, UPGRADE... leads to a lot of cost, consumerism, and waste. Taking an old quality bicycle from the 70's or 80's and repairing or taking care of it is really enjoyable on so many levels, and this book will help you do it with confidence. I would say this with Glenns and an older edition (1975 is a good one) of Richard Ballentine's book would create an accessible library and support system to guide you through any repair on an old bike. I also suggest... Glenns Comp Bicycle Manual Richard Ballentine Bike Repair Ultimate Bicycling The 1975 edition (I think it is called the Ultimate Bike Book) is really fun for its dated commentary, but useful information.

good read, good information

Came in good condition and was exactly as described

Despite the current age of the book, this is still a must have book. In my collection of books (too big to mention... heh) this is one that I have retained year after year after year. The book covers the ten-speed bicycle section by section for the first nine chapters: Frames, Brakes, Handlebars/Stems, Saddles/Seatposts, Drive Chain, Pedals, Derailleurs, Wheels, and finally Tires. Then the next five chapters are on riding: Clothing, Touring Equipment, Bicycle Accessories, Setting Up Your New Bicycle, and Basic Riding Practices. This book is easy to read, but chock full of information. It contains a plethora of photos to help you do the right thing. The book has an excellent mix of technical diagrams, charts, and photos - with more photos than anything other than text. If you find this book on the shelf, purchase it right away! You won't regret it.

This book is from the authors of *The Custom Bicycle*, another great cycling book. This one is great, covers a variety of topics well, plus provides plenty of photos to relive the glory days of bicycling.

Satisfied

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